

Personal appearance Female cadets

338 JUNIOR WILDCATS SQUADRON



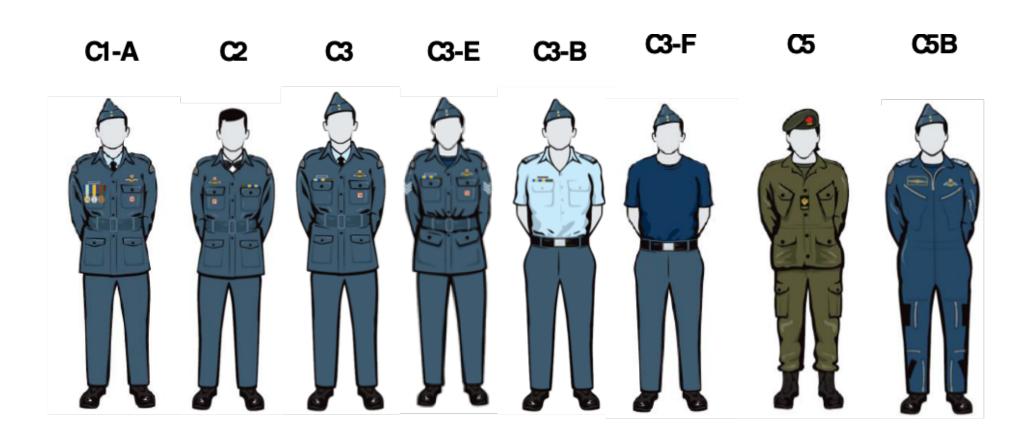
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Dress codes





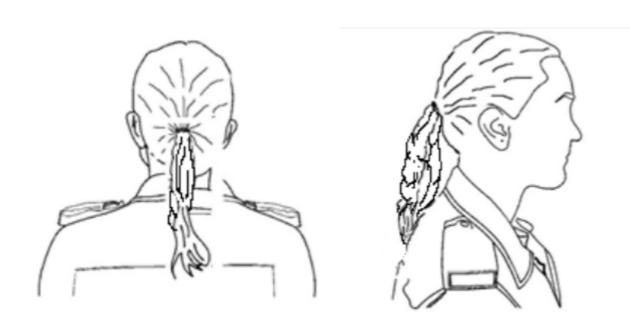
Hair

Hair shall not extend below the lower edge of the shirt collar. Exaggerated styles, including those with excessive fullness or extreme height, are not authorized.





Pony tails



If worn, shall be styled conservatively and tied tightly by a knot or a small unadorned fastener. A pony tail shall be worn in the centre of the back.

Pony tails can be worn during training nights or field training. The pony tail is not authorized on parade and official ceremonies.



Braids

If worn, shall be styled conservatively and tied tightly: secured at the end by a knot or a small unadorned fastener. A second small unadorned fastener may be used to secure the top of the braid. A single braid shall be worn in the centre of the back. Double braids shall be worn behind the shoulders. Hair shall be a maximum length when gathered behind the head and braided which does not extend below the top of the armpit. Multiple braids (cornrows), shall be directed toward the back of the head, pulled tight to the head and secured at the end by a knot or a smallunadorned fastener. A second small unadorned fastener may be used to secure the top of the braid. Multiple braids extending below the lower edge of the collar are to be gathered in a bun. (see illustrations on next slides)



Simple Braid







Double braids





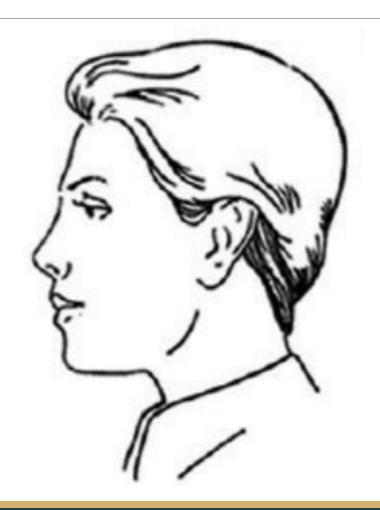


French Braids





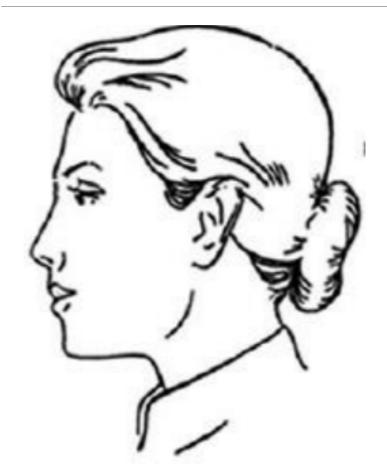
Short hair



With the permission of a CO, a reasonable period may be authorized in order to transition from short to long hairstyles, during which time hair may extend below the lower edge of the shirt collar; all the while maintaining a positive military appearance and subject to the cadet's safety;



Cheveux tirés en chignon



Hair ornaments are not permitted, with the exception of conventional barrettes for women. Cadets have the choice to use a hair gel or hairspray, but should not be required to do so.



Good to know!

The style and color of the hair must not be bizarre, exaggerated, or unusual. Unusual colors such as green, bright red, orange, purple, etc. are prohibited.



Jewels

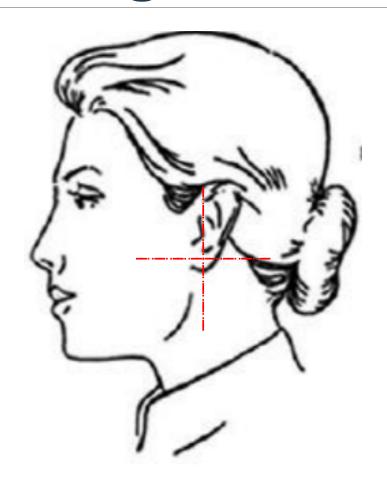
Cadets may wear a wrist watch, a Medical Alert identifier and a maximum of two rings which are not of a costume jewelry nature.







Earrings



Cadets in uniform may wear a single pair of plain gold, silver stud, white diamond, or pearl earrings in pierced ears. The single stud earring, worn in the centre of each earlobe, shall be spherical in shape and shall not exceed 0.6 cm (1/4 in.) in diameter.



Body Piercings

Conservative, non-visible, clear body piercing adornments are permitted to be worn by cadets in uniform or during cadet activities in civilian clothing.







Make up

Cadets are authorized to wear a **minimal amount of make-up**. During cadet activities, make-up shall be applied conservatively. The use of false eyelashes, heavy eyeliner, brightly coloured eye shadow, coloured nail polish, bright or vivid lipstick and excessive facial make-up is not authorized.



Tattoos

Cadets shall not display visible tattoos that could be deemed to be offensive or otherwise reflect discredit on the Cadet Program.